

THE OUTREACH

A People of Hope. A Culture of Grace.
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BETHEL
 BAPTIST CHURCH

Vol. 56 No. 7 July 2024

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Summer Preaching Series

Our "Rays of Hope" summer preaching series continues throughout July. Here are the details.

July 7 – Dr. Mark Biddle will preach on one of his favorite verses 2 Timothy 1:6-8. Dr. Biddle is well known to us. He's Pastor Todd's former Old Testament professor and he's taught several Bible studies over the years at Bethel. In fact, he'll be leading the Sacred Circle Bible Study beginning on July 17. He's offering a 4 week study entitled "Humor in the Bible." Dr. Biddle is an engaging and gifted teacher and this study is sure to be insightful as well as funny!

July 14 – Steve Booth will be preaching from one of his favorite pieces of Scripture, John 4:1-30. Steve served for many years as one of the pastors at First Baptist Church in Richmond. After retiring from First Baptist, Steve began working with Shepherd's Staff Coaching and Counseling.

July 21 – John Sawyer is a good friend of Bethel and he will preach from Mark 10:51. John is the Executive Director of the Middle District Association and he preached at Bethel last year.

July 28 – Sara Hubble will preach from one of her favorite passages of Scripture, Luke 7:36-8:3. Sara is a long-time friend of Bethel. She's the Executive Director of Camp Crossroads. We're delighted to have her return to Bethel.

July is full of gifted speakers and interesting topics. We look forward to seeing you each Sunday.



A Note From Your Music Director by Stephanie Blanton

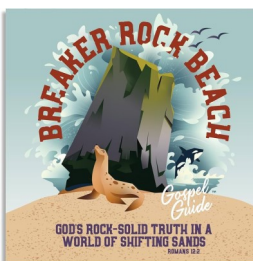


Happy Summer!

As we head into summer and folks are taking much needed vacations or "stay" vacations, remember you can stay plugged in and kept abreast of church events by joining us online for worship every Sunday. We are blessed to have cutting edge technology and wonderful AV volunteers that allow us to bring worship to those unable to attend in person. Log in and check out our wonderful online ministry!

And speaking of vacations and summer breaks, our Bethel Choir and Circle of Truth will be taking a summer break from practice. Never fear – they will still bless us in song this summer, along with our fabulous Men's Quartet, Bethel Belles, and solos from some of our very talented members.

Vacation Bible School July 21 - July 25 2024



Kids will be challenged as they discover that God's truth never changes, everyone needs Jesus, and learn to speak the truth in love. Adventure awaits each day as kids explore tide pools, spot orcas, fly kites, and watch the mighty waves crash up against the immovable Breaker Rock!

Join us for a ROCKING time 6 to 8 p.m. on July 21–25, in the People of Hope Center. If you would like to help with this adventure, please contact Mary Florence at 804-647-5962.

Many Thanks

Dear Bethel Family,
I would like to thank everyone for all the cards, calls, and hospital visits during my last stay in the hospital over Mother's Day. I am so happy and blessed to be a part of the Bethel family.

Love and Blessings,
David Grubbs

Dear Bethel Church,
I want to thank everyone for their phone calls, cards and visits during my recent hospital stay as well as the beautiful flowers I received. I am so blessed to have a such a wonderful church family.

Love,
Judy Pulley.

Dear Bethel Church Family,
Thank you to everyone for all the prayers, visits, food, and cards you have given us during Bill's illness and since his passing. We would like to thank Bethel Baptist Church for the wonderful luncheon and for all those who helped with it. We thank you for the beautiful flowers you sent for the funeral and we would also like to say a special thank you to Katie Toler and Pat Reynolds for being there whenever we needed them. We love you all and are blessed to be part of such a loving church.

Blessings,
Joyce and Ron Bullock

Bethel Cookbook

Bethel is long overdue on publishing a cookbook. Anyone can pull up an apple pie recipe on the internet but nothing is better than your Grandma's apple pie, or your mother's beef stew. Send me your family favorites to be included in a new cookbook from family and friends of Bethel. Please send your favorite recipes to Susan Reynolds. Her contact information is



socccergal01@gmail.com. If you prefer you can write out your recipes and give them to Susan on Sunday mornings. Proceeds from the cookbook will go to Blessing Warrior. Any questions, call Susan at 804-833-3901. Looking forward to getting some yummy recipes from all the good cooks at Bethel.

July Birthdays



1	Ben Doughtie	17	Dona Carlson
2	Linda Harris	17	Samuel Ferebee
2	Janice Jones	18	Elaine Bradley
2	Bonnie Toibin	19	Ramon Bookman
3	Cathy Marshall	19	Kevin Gilbert
3	Ciara Moore	19	Rob Camden
3	Ora Smith	20	Glenna Chenault
3	Keith Bradbury	21	Ricky Evans
4	Margaret Gillis	21	Everett Maine
5	Donna Barker	21	Cindy Walton
5	Amy Powell	22	David Lint
7	Marie Justis	24	Wendy McClellan
7	Don Laslie	24	Lauren Rogers
8	Tammy Bell	26	Bill Florence
9	Debbie Walmsley	26	Stacey Elam
9	Ruby Waller	26	Ann Powell
9	Charlie Stump	27	Waylon Mead
10	Kayla Patteson	27	Austin Moseley
12	Matthew Riley	27	Karen Wooldridge
13	Trevor Moseley	29	Steve Lewis
13	Cody Loving	31	Tommy Justis, Jr.
14	Ken Martin	31	Cindy Luck
14	Carolyn DeNoon	31	Megan Luck
16	Mike Rider	31	Thomas Maine
16	Logan DeShelter		

Linda Gardner's Retirement

We are both delighted and sad to announce Linda Gardner's Retirement in September. Linda has been an anchor for Bethel Baptist for the past 11 years and she has been an invaluable asset to all of us. Her courteous and friendly nature does not go unnoticed. She always goes above and beyond her duties to keep Bethel running smoothly. We were all blessed by Linda in many ways over the years! While her retirement is our loss, it is a well-deserved respite for her. We all wish Linda the best in her retirement adventures!

We will miss you ♥

Happy Summer

Missions News by Frances Morris

Women's Missionary Union Meeting—The monthly meeting of the WMU will be **Monday July 1, at 10 a.m.** in the People of Hope. All women are invited.

Bethel Preschooler Cards/Gifts: If you have signed up to send something to a preschooler, please be sure to remember his/her birthday and any upcoming holidays.

Kroger: To register your Kroger card for missions, go to www.Kroger.com and sign in. Then click on "Community" on the tab bar and click on "community Rewards." The church member number is **QW701**. You will still get your points toward gas.

Men's Fellowship Lunch Cancelled for July

The Men's Fellowship lunch for July is cancelled due to the 4th of July holiday. We will resume for lunch on Thursday, Aug. 1st, at noon at the Italian Delight Restaurant in Powhatan. If you have any questions, please call Bruce Lewis at 804-467-2886. All men are welcome.

Ladies Fellowship Lunch July 25, 2024



The Ladies Fellowship Luncheon will be on Thursday, July 25. It will be at noon at the Four Seasons Restaurant in Midlothian. All women are invited. If you would like more information about the Ladies Lunch, or you plan to attend, please call Shirley Lewis at 804-467-2885 so she can call and reserve a place for you.

Wednesday Night Programs in July



July 3 — No Sacred Circle — Due to Holiday
 July 10 — Sacred Circle — 6 p.m. Dr. Spencer
 July 17 — Sacred Circle — 6 p.m. Dr. Biddle
 July 24 — No Sacred Circle — Due to VBS
 July 31 — Sacred Circle — 6 p.m. Dr. Biddle

Note from Our Parish Nurse



International Self-Care Day is July 24th!

"Self-care is the practice of taking care of the physical, mental, emotional, and spiritual aspects of your life to promote health and wellness. It is a lifestyle that enables you to set aside time for your overall well-being now and for years to come."

(<https://www.verywellhealth.com/what-is-self-care-5212781>)

I took a 5 week course about the "Blue Zones."

"The goal of studying the five Blue Zones was to uncover commonalities that might explain why people from these regions live longer lives and without the chronic disease rates we see elsewhere," explains McAfee. Buettner's team identified nine healthy principles — called the Power 9 they believe to be at the core of Blue Zone living:

1. Making movement a natural part of your day
2. Knowing your sense of purpose
3. Prioritizing stress relief
4. Eating until you're about 80% full
5. Eating a largely plant-based diet
6. Drinking alcohol in moderation
7. Connecting with your community
8. Putting family (whether biological or chosen) first
9. Choosing social circles that support healthy behavior"

(<https://www.Houston Methodist.org>)

Additional information:

<https://www.medicalnewstoday.com/articles/what-to-know-about-the-blue-zone-diet-and-other-healthy-habits-for-longevity#What-is-the-best-diet-for-longevity?>

Blessings,
 Happy 4th of July.
 Cindy Luck RN FCN

Craft Items For VBS

Needed for VBS (July 21-25)

12 oz, 14 oz or 16 oz clean empty clear plastic jars with lid.
 Peanut Butter or Mayo jars are ideal. These will be used for a craft during VBS. Please give to Andrea Hale.

Sharing and Caring

The "Sharing and Caring" group meets each Monday morning at 9 a.m. in the People of Hope Center. For more info, contact Bruce Bartlam at 804-739-2936.

The Boxcast App



The AV Team has a way to view our complete church services on your Apple TV, Roku, or Smart TV, using the Boxcast app. This will provide a simple high quality means to view our services on your large screen TV so the entire family can watch the service together.

Simply follow these instructions:

1. Add the Boxcast app to your device.
2. Search for the church's channel by searching for Bethel Baptist Church Midlothian, VA. (NOTE: Spelling and punctuation is important when searching.)
3. Once you find our channel the church's logo will appear. Select this channel.
4. You are DONE.

Please contact any member of the AV team if you have any questions.

4 Ways to Give at Bethel

1. **In Person:** Drop your check in the offering plate as they pass it in the People of Hope on Sunday morning.
2. **Send a check to our secure mailbox:** The address is: Bethel Baptist Church, 1100 Huguenot Springs Rd. Midlothian VA, 23113.
3. **Online Giving:** On our Website there is a link to give. Once you click on the link you'll be prompted to give through either your bank account or a credit card. Here's the link for online giving: <https://www.bethelchurchmidlothianva.org/giving/>
4. **Text Giving:** Simply text the dollar amount you'd like to give to (804)361-8590 and follow the prompts. You'll be asked to enter a debit card or credit card number. The minimum amount for text giving is \$10. The platform we're using is safe and secure and you'll be given the option of an email receipt at the end of your transaction. As always, we are grateful for your contributions to the church and we thank you for your gifts.

Charlotte's Pantry

Upcoming pantry schedule:

- July 10, 2024 — 5 to 6:30 p.m.
- July 26, 2024 — 9 a.m. to 11 a.m.
- Aug. 14, 2024 — 5 to 6:30 p.m.
- Aug. 23, 2024 — 9 a.m. to 11 a.m.



Sunday School Classes

The following classes are meeting in person:

- The Providers Class meets in the Providers Classroom in the People of Hope.
- The Endeavors Class meets in the Endeavors Classroom in the People of Hope.
- The Salt and Light class now meets in the last room on the right in the Education Building (it is marked Salt and Light)
- Students in grades K-5 will meet in the Jigsaw Room downstairs.
- Students in grades 6-12 will meet in the Youth Room downstairs.

The nursery remains open during the Sunday School hour for our younger children. The zoom class will be from Robert Brooks class in the Providers classroom.

The zoom link is:

<https://us02web.zoom.us/j/87461349993?pwd=UW0rZ2F0OEp4RUJNVHhIK1pGRmlDQT09> Meeting ID: 874 6134 9993 Passcode: 139739

Opportunities for:

Mission/Ministry

- Music Ministry/Choir
- WMU
(Meets the first Monday of each month at 10 a.m.)
- Charlotte's Pantry (See Brenda Peck)
- Backpack Ministry (See Vera Caniglia)
- Sunday Morning Nursery Ministry (during worship)
- Friends of the Homeless (5th Mondays at 8:30 a.m. (See Ardelle Florence)
- AA Meeting every Thursday at 5:30 p.m.
- Puppet Team (See Andrea Hale)
- Media Center (See Cindy Wight)
- Care Team Ministry, Jane Ruehrwein

Fellowship/Discipleship

- Men's Fellowship Lunch 1st Thursday of each month at noon (See Bruce Lewis)
- Women's Fellowship Lunch last Thursday of each month at noon (See Shirley Lewis)
- Youth Group Meets every Wednesday night at 6:30 p.m.
- Sacred Circle Wednesday evenings at 6:30 p.m.
- Sunday School Classes 9:30 a.m. each Sunday
- Brotherhood Breakfast (every 5th Sunday)
- JIGSAW children's ministry, every Sunday (See Tina McNeel)
- Sharing & Caring Group meets every Monday at 9 a.m. in POH (See Bruce Bartlam)

July 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Sharing and Caring—9 am ESL—9 am (Downstairs) WMLU—10 am POH Girl Scouts—6:30 pm (Downstairs)	2 Boy Scouts—7 pm	3 NO Wednesday Night Activities	4 Happy 4th of July!!!	5	6
7 Sunday School—9:30 am Worship—10:30 am—POH Communion Sunday	8 Sharing and Caring—9 am ESL—9 am (Downstairs) Girl Scouts—6:30 pm (downstairs)	9 Boy Scouts—7 pm	10 Charlotte's Partry—5 to 6:30 pm Sacred Circle—6:00 pm Dr. Spencer Youth Group—6:30 pm Choir Rehearsal—7 pm	11 AA Meeting—5:30 pm	12	13 Baby Shower 1—4 pm (Parlor)
14 Sunday School—9:30 am Worship—10:30 am—POH	15 Sharing and Caring—9 am ESL—9 am (Downstairs) Girl Scouts—6:30 pm (downstairs)	16 Boy Scouts—7 pm	17 Sacred Circle—6:00 pm Dr. Biddle Youth Group—6:30 pm Choir Rehearsal—7 pm	18 AA Meeting—5:30 pm	19	20
21 VBS Starts 6-8 pm	22 VBS 6- 8 pm Sharing and Caring—9 am ESL—9 am (Downstairs) VSB—6 to 8 pm Girl Scouts—6:30 pm (Downstairs)	23 VBS 6- 8 pm	24 VBS 6- 8 pm NO Sacred Circle—VBS	25 VBS 6- 8 pm Ends Ladies Fellowship Lunch—Noon at the Four Seasons AA Meeting—5:30 pm	26 Charlotte's Partry—9 to 11 am	27
28 Sunday School—9:30 am Worship—10:30 am—POH	29 Sharing and Caring—9 am ESL—9 am (Downstairs) Girl Scouts—6:30 pm (downstairs)	30 Boy Scouts—7 pm	31 Sacred Circle—6:00 pm Dr. Biddle Youth Group—6:30 pm Choir Rehearsal—7 pm			

Bethel Baptist Church

1100 Huguenot Springs Road
Midlothian, VA 23113

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Change Service Requested

WORSHIP TIMES

9:30 am Sunday School | 10:30 am Worship

